



Weekly Menu

Week 1

Monday

Soup of the day
served with freshly baked bread

Dish of the day

Chicken and Vegetable Chow
Mein noodles

Vegetarian option
Tossed Tofu Vegetable Chow
Mein Noodles

Snack Option
Baked Potatoes
Or
Fresh Pasta and Sauce

Served With
Roasted Chili & Garlic Broccoli
Roasted Baby Sweetcorn

Dessert
Chocolate Orange Cake

Tuesday

Soup of the day
served with freshly baked
focaccia

Dish of the day

BBQ Cajun Chicken Drumsticks
With
Onion & Garlic Fried
Rice

Vegetarian Option
Red pepper and Paprika Spanish
Tortilla

Snack Option
Baked Potato with Various
Fillings
Or

Fresh Pasta and sauce

Served With
Sautéed Green Beans
Roasted Fennel

Dessert
Carrot Brownies

Wednesday

Soup of the day
served with freshly baked bread

Dish of the day

Crispy Mac and Cheese
Garlic Bread

Vegetarian Option
Creamy Cauliflower Mac and
Cheese
Garlic Bread

Snack Option
Baked Potatoes
Or
Fresh Pasta and sauce

Served With
Spiced Caramelised Carrots
Roasted Cauliflower

Dessert
Blueberry Banana Bread

Thursday

Soup of the day
served with freshly baked
focaccia

Dish of the day

Braised Beef Stifado
(Greek Beef Stew)

Vegetarian option
Tomato, Olive and Feta lentil
Tray Bake

SNACK OPTION
Baked Potatoes
Or
Fresh Pasta and sauce

Served with
Roasted Herb Mediterranean
Vegetables
Caramelised Silver Skin Onions

Dessert
Spiced Rice Pudding

Friday

Soup of the day
served with freshly baked bread

Dish of the day

House Made Beef Burgers,
Spiced Wedges
Or
Filet-O-Fish Burgers
With
Spiced Wedges
Tartare Sauce

Vegetarian Option
Homemade Mexican bean
burgers
With
Burger sauce and spiced wedges

Snack Option
Jacket Potatoes
Or

Fresh Pasta and sauce

Served With
Crispy Potato Wedges
Garden Peas

Dessert
Fruit Salad Pots



Weekly Menu

Week 2

Monday

Soup of the day
served with freshly baked
bread

Dish of the day

Buttered Chicken
With
Coconut Rice

Vegetarian option

Vegan Buttered Chicken
With
Coconut Rice

Snack Option

Baked Potato
Or
Fresh Pasta and sauce

Served With

Glazed Carrots
Roasted Peppers

Dessert

Apple Crumble
&
Cream

Tuesday

Soup of the day
served with freshly baked
focaccia

Dish of the day

BBQ Soy Glazed Chicken wings
With
Crispy Salted Garlic and Herb
potatoes

Vegetarian option

Lemon, Asparagus and Pea
Risotto
Parmesan Crisp

Snack Option

Baked Potato with Various
Fillings
Or
Fresh Pasta and sauce

Served With

Roasted Tenderstem Broccoli
Corn on the Cob

Dessert

Frozen Fruit Yoghurt Pots

Wednesday

Soup of the day
served with freshly baked bread

Dish of the day

Slow Cooked Beef Chili
With
Coriander Lime Rice

Vegetarian option

Vegetable Lentil Ragu
With
Coriander Lime Rice

Snack Option

Baked Potatoes
Or
Fresh Pasta and sauce

Served With

Sautéed Greens Beans
Vichy Carrots

Dessert

Chia Seed Pudding

Thursday

Soup of the day
served with freshly baked
focaccia

World Food Theme Day Menu

See Posters

Friday

Soup of the day
served with freshly baked
bread

Dish of the day

Mexican Chicken Fajitas
Or
Salmon and dill fish cakes
with tartar sauce and Lemon
With
Crispy Spiced hand cut
Wedges

Vegetarian option

Vegetable chilli Cheese
With
Tortilla chips

Snack Option

Jacket Potatoes
Or
Fresh Pasta and sauce

Served With

Burnt Buttered Corn
Lime Guacamole

Dessert

Sticky Toffee Pudding



Weekly Menu

Week 3

Monday

Soup of the day
served with freshly baked bread

Dish of The Day
Chicken Thai Green Curry
Coriander, Coconut and Lime
Rice

Vegetarian option
Sweet Potato and Red pepper
Thai Green Curry
Coriander, Coconut and Lime
Rice
Vegan Friendly

Snack Option
Jackets with various fillings
Or
Fresh Pasta and sauce

Served With
Roasted Mixed Peppers
Steamed Pak-Choi

Dessert
Chocolate Mousse

Tuesday

Soup of the day
served with freshly baked
focaccia

Dish of the day
Creamy chicken and orzo pasta
Garlic Bread

Vegetarian option
Sundried Tomato Parmesan and
Lentil Stuffed Peppers
With
garlic bread

Snack Option
Baked Potato with Various
Fillings
Or
Fresh Pasta and sauce

Served With
Vegetable Ratatouille
Green Garden Peas

Dessert
Apple and Cinnamon Cake

Wednesday

Soup of the day
served with freshly baked bread

Dish of the day
Stuffed Sausage and Tomato Conchiglie
pasta

Gluten free sausages available

Vegetarian option
Vegan Quorn Stuffed Sausage and Tomato
pasta Conchiglie

Vegan Friendly

Snack Option
Baked Potato
Or
Fresh Pasta and sauce

Served With
Sautéed Leeks
Braised cabbage

Dessert
Blueberry Cheesecake

Thursday

Soup of the day
served with freshly baked
focaccia

Dish of the day
Jerk chicken
With
Rice & Peas

Vegetarian option
Curried Pumpkin
With
Rice & Peas

Snack Option
Baked Potato
Or
Fresh Pasta and sauce

Served With
Roasted Root Vegetables
Caramelised Plantain

Dessert
Greek yoghurt and fruit parfait

Friday

Soup of the day
served with freshly baked bread

Dish of the day
Chinese Char Siu Pork
With
Hoisin Fried Rice

Vegetarian option
Marinated Tofu Vegetable Pad
Thai Noodles

Snack Option
Baked Potato served with
Various Fillings
Or
Fresh Pasta and sauce

Served With
Whole Roasted Heritage Carrots
Burnt Baby Corn

Dessert
Chocolate Cornflake Clusters