



Weekly Menu

Week 1

Monday

Soup of the day
served with freshly baked bread

Dish of the day

Garlic Chicken and vegetable Lo
Mein noodles

Vegetarian option

Tossed tofu vegetable lo mein
noodles

Snack Option

Baked Potatoes
Or
Fresh Pasta and sauce

Served With

Steamed garlic broccoli
Roasted baby sweetcorn

Dessert

Apple and cinnamon cake

Tuesday

Soup of the day
served with freshly baked
focaccia

Dish of the day

BBQ Cajun Chicken Drumsticks
With
Garlic and onion fried
Rice

Vegetarian Option

Red pepper and paprika Spanish
tortilla

Snack Option

Baked Potato with Various
Fillings
Or

Fresh Pasta and sauce

Served With

Sautéed Green Beans
Roasted broccoli

Dessert

Chocolate chickpea mousse

Wednesday

Soup of the day
served with freshly baked bread

Dish of the day

Creamy Turkey butterbean mac
and cheese
Toasted brioche bread crumbs

Vegetarian Option

Creamy Cauliflower mac and
cheese

Snack Option

Baked Potatoes
Or
Fresh Pasta and sauce

Served With

Spiced Caramelised Carrots
Cajun corn

Dessert

Banana Bread

Thursday

Soup of the day
served with freshly baked
focaccia

Dish of the day

Keema mince beef
With
Caramlised onion and coriander
rice

Vegetarian option

Vegetable mince curry
Caramlised onion and coriander
rice

SNACK OPTION

Baked Potatoes
Or
Fresh Pasta and sauce

Served with

Roasted Curried carrots &
cauliflower

Dessert

Oaty biscuit bars

Friday

Soup of the day
served with freshly baked bread

Dish of the day

House made beef burgers,
spiced wedges
Or
Filet-o-fish burgers
With

Tartare sauce and spiced
wedges

Vegetarian Option

Homemade Mexican bean
burgers
With
Burger sauce and spiced wedges

Snack Option

Jacket Potatoes
Or

Fresh Pasta and sauce

Served With

Crispy Potato Wedges
Garden Peas
Coldslaw

Dessert

Fruit salad pots



Weekly Menu

Week 2

Monday

Soup of the day
served with freshly baked
bread

Dish of the day
Turkey tikka masala
With
Coriander and lime rice

Vegetarian option
Vegan turkey tikka masala
With
Coriander and lime rice

Snack Option
Baked Potato
Or
Fresh Pasta and sauce

Served With
Glazed carrots
Roasted peppers

Dessert
Oatmeal raisin cookies

Tuesday

Soup of the day
served with freshly baked
focaccia

Dish of the day
Honey Garlic and Soy Glazed
Chicken wings
With
Crispy Salted Garlic and Herb
potatoes

Vegetarian option

Spring onion, seared leek and
roasted suede risotto

Snack Option
Baked Potato with Various
Fillings
Or
Fresh Pasta and sauce

Served With
Roasted Tenderstem Broccoli
Buttered sweetcorn

Dessert
Frozen fruit yoghurt pots

Wednesday

Soup of the day
served with freshly baked bread

Dish of the day
Italian Beef Lasagne
With
Garlic Bread

Vegetarian option
Roasted Vegetable and Puy
Lentil Lasagne
With
Garlic Bread

Snack Option
Baked Potatoes
Or
Fresh Pasta and sauce

Served With
Sautéed Greens Beans
Vichy Carrots

Dessert
Chia seed pudding

Thursday

Soup of the day
served with freshly baked
focaccia

World Food Theme Day Menu

See Posters

Friday

Soup of the day
served with freshly baked
bread

Dish of the day
Handmade pepperoni &
margherita pizzas
Or
Salmon and dill fish cakes
with tartar sauce and Lemon
With
Crispy Spiced hand cut
Wedges

Vegetarian option
Vegetable cheesy chilli
With
Tortilla chips

Snack Option
Jacket Potatoes
Or
Fresh Pasta and sauce

Served With
Minted Mushy peas
Roasted aubergine and
courgettes
Dessert
chocolate orange cake



Weekly Menu

Week 3

Monday

Soup of the day
served with freshly baked bread

Dish of The Day
Chicken Thai Green Curry
Coriander, Coconut and Lime
Rice

Vegetarian option
Sweet Potato and Red pepper
Thai Green Curry
Coriander, Coconut and Lime
Rice
Vegan Friendly

Snack Option
Jackets with various fillings
Or
Fresh Pasta and sauce

Served With
Roasted Mixed Peppers
Steamed Pak-Choi

Dessert
Banana protein balls

Tuesday

Soup of the day
served with freshly baked
focaccia

Dish of the day
Creamy chicken and orzo pasta

Vegetarian option
Sundried Tomato Parmesan and
Lentil Stuffed Peppers
With
garlic bread

Snack Option
Baked Potato with Various
Fillings
Or
Fresh Pasta and sauce

Served With
Ratatouille Veg
Sautéed Green peas

Dessert
Apple and cinnamon cake

Wednesday

Soup of the day
served with freshly baked bread

Dish of the day
Sausage & cannellini bean ragu in a rich
tomato sauce

Gluten free sausages available

Vegetarian option
Vegan Quorn Sausage
& cannellini bean ragu

Vegan Friendly

Snack Option
Baked Potato
Or
Fresh Pasta and sauce

Served With
Sautéed Leeks
Braised cabbage

Dessert
Blueberry cheesecake

Thursday

Soup of the day
served with freshly baked
focaccia

Dish of the day
Jerk chicken
With
Rice & peas

Vegetarian option
Vegetable biriyani

Snack Option
Baked Potato
Or
Fresh Pasta and sauce

Served With
Roasted Root vegetables
and
Steamed Broccoli

Dessert
Greek yoghurt and fruit parfait

Friday

Soup of the day
served with freshly baked bread

Dish of the day
Chinese Char Siu pork
With
Oyster Fried Rice
And prawn crackers

Vegetarian option
Marinated Tofu Vegetable pad
Thai noodles

Snack Option
Baked Potato served with
Various Fillings
Or
Fresh Pasta and sauce

Served With
Garlic Broccoli and Carrots
Baby Corn
Crispy Mouli

Dessert
Chocolate cornflake cake